

Arrow of light Menu

	Saturday	Sunday	Monday
Breakfast	2 Pancakes	2 Waffles	4 French Toast Sticks
	2 Sausage Links	1 Sausage Patty	2 Sausage Links
	Cut Fruit	Cut Fruit	Cut Fruit
	Breakfast Bar	Breakfast Bar	Breakfast Bar
Lunch	4 Chicken Strips	Pizza Boat	1 Bun
	4oz Mac & Cheese	Applesauce	2 Hamburger Patties
	Broccoli	Baby Carrots	Cheese Slice
			Chips
			Cookie
Dinner	Red Sauce Pasta	Hoagie Bun	
	Meatballs	Cold Cut Ham and Turkey	
	Breadstick	Lettuce, Tomato, and Mayo	
	Salad Bar	Chips	
	Pudding	Salad Bar	
		Cookie	